

Could You Be Suffering From Post-Traumatic Church Disorder?

In this podcast, Dr. Mike Hutchings and Leif Hetland share their experiences and insight in working with post-traumatic church disorder. “In my experience, over 50% of the people requesting prayer were experiencing symptoms of PTCD. Many were pastors, parishioners or church members who were under controlling or abusive leaders.”

If you aren't sure if you are suffering from PTCD, you can ask yourself the following questions:

1. Does it still haunt you today? Do you have nightmares about it?
2. Do you experience anxiety attacks when you're triggered?
3. Does it affect the way you think, feel or the environments in which you feel comfortable?

The American Medical Association provided a medical link between childhood abuse and the onset of addiction later in life. This could be drugs, alcohol, pornography, gambling, workaholism and various other addictions. Behavior management doesn't work with this disorder because trauma actually needs to be healed from the root.

Father God wants to heal the brokenhearted and set people free from trauma and addiction. The love of the Father wants to heal soul-wounds because people are not defined by what has happened to them but by their identity in Christ.

“The Spirit of the Lord God is upon me because the Lord has anointed me to preach good news to the poor; He has sent me to heal the broken-hearted, to proclaim liberty to the captives,

and the opening of the prison to those who are bound” (Isa. 61:1).

Over the past seven years, over 12,000 people have received healing as a result of Mike Hutchings prayer ministry for people suffering from PTCD and PTSD. If you or someone you love needs prayer, you can visit and submit a request for ministry. If you’re interested in learning more about PTCD, click [here](#) to check out Mike Hutching’s book, *Supernatural Freedom From the Captivity of Trauma*. You can also listen to this episode of *Kingdom Family Talks with Leif Hetland* on the Charisma Podcast Network to hear more from Hutchings on post-traumatic church disorder. {eo}

Read articles like this one and other Spirit-led content in our new platform, CHARISMA PLUS.