

Beth Moore Explains Why Your Self-Loathing Is Actually Egocentric

Author and speaker Beth Moore says people can easily mistake self-hate for humility. Negative self-talk can feel like a version of putting others before ourselves, but in reality, it dishonors the God who made us.

“Sometimes we confuse self-loathing with humility, and they are not the same thing,” Moore says. “... Another form of being completely ego-driven is that I’m completely obsessed with my own self because I hate myself so much. It is of no honor to God to hate self. ... Humility is realizing the prize that God has made you by His grace and that there is nothing you could have done to earn it.”

To watch the entire teaching, [click here](#).