

Are You Falling Into This Dangerous Mindset?

How do you limit yourself and God? With a scarcity mindset.

What is this? A mindset is a way of interpreting situations around you. It is a way you see things. A scarcity mindset sees something as unfulfilled or unmet due to not being enough. Spiritually speaking, a person who has this lens sees that God only has so much favor, resources or promotions to give out, and they are afraid they may not be on the receiving end.

Here are a few thoughts and questions of a person who operates with this view:

—"I can't do that. That will never happen for me."

—"What do they have that I don't?"

—"Why am I not enough?"

Do you often feel stuck or that something is hindering you from moving forward? Do you compare yourself frequently with others? Are you jealous at times? Are you competitive? Do you hoard your time or resources? If you answered yes to any of these questions, a scarcity mindset just might be ingrained in your thinking.

How does this impact our purpose? It causes us to run ahead of God's timing to make something happen. It makes us feel like we are not good enough to be used by God, so we never step out. It prompts the comparison game, which results in jealousy and a critical spirit, therefore limiting the Lord's ability to use us. It creates insecurities that prompt reactions instead of being Spirit-led. It robs us of hope and can trigger us to give up godly dreams.

There is good news, though. The Lord is the God of abundance. He owns cattle on a thousand hills (Ps. 50:10). You can move from a lack mindset to knowing the truth that God gives in abundance. Read Scriptures on the love of God. May you grasp how wide, long, high and deep His love truly is (Eph. 3:18). Know the character of God and His heart's desire to prosper you. What God does for one, He does for all, because He is not a respecter of persons (Acts 10:34). Challenge your thinking when you recognize it's occurring. The good part about scarcity being a mindset is that it can be changed! Ask the Lord to deliver you. It may take time and work, but you can overcome it.

For more on how God is waiting for you to let go of lack and hold onto His hand of abundance, listen to the full episode of *Living in the Light* on the Charisma Podcast Network here. {eoa}