

Are You Believing a Lie?

The law of cause and effect works with the law of attraction. Simply put, this means “like attracts like.” If thoughts are things and things are made up of substance, then the material manifested in our lives is attracted to us by our spiritual thoughts. In other words, inspired experiences are caused by inspired thoughts.

I know a woman who is brilliantly gifted. Over the years I have observed the great people who have come into her life and the great things that have happened to her, time and time again. But for absolutely no apparent reason, every success would only last a short while before ending dismally. It was quite a challenge to convince her that the problem was not with other people or external circumstances. After months of persistent coaching, she informed me one day with great excitement that, finally, good people and circumstances had come to stay. The secret was simple. She changed the spirit of her thoughts and words. As long as she aligned her thoughts and speech with doubtful, negative beliefs, that is exactly what she experienced, but once she aligned herself with hopeful, optimistic beliefs, her world changed accordingly.

Your thoughts and words are transmitted like a shortwave radio signal. They send messages out on a specific frequency and are transmitted back to you manifested as an experience or occurrence in your life. Your thoughts create something like a magnetic field around you, while your words provide a kind of spiritual homing device that attract either positive people, things, and experiences or negative people, things, and experiences.

Therefore, you must learn to fill your mind with good, godly, and great thoughts. As we are told in Philippians 4:8, you must “fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things

that are excellent and worthy of praise” (nlt). What you think has the power to literally transform your life.

It is essential that you become extremely vigilant about what enters your mind daily. What you hear affects how you think and what you believe. The prophet Isaiah had insight into how important it is to heed what you say, hear, and see when he declared:

He who walks righteously and speaks uprightly, who despises the gain of oppressions, who shakes his hands, lest they hold a bribe, who stops his ears from hearing of bloodshed and shuts his eyes from looking on evil, he will dwell on the heights; his place of defense will be the fortresses of rocks; his bread will be given him; his water will be sure.—Isaiah 33:15–16, esv

If you want to have life-affirming thoughts—thoughts of success and prosperity—then fill your ears with words that will produce these things in your life. Eventually, if you hear something enough, over time it will form a belief, and that belief will produce a corresponding action. It is this hearing—and hearing again—that is the impetus of faith. As the apostle Paul said, “So faith comes from hearing, and hearing through the word of Christ” (Rom. 10:17, esv). In other words, it comes from “hearing and hearing.” Make sure you are grounding your beliefs and basing your faith on God’s “rich life”—not some counterfeit, but the abundance of His kingdom—by filling your heart and mind with life-giving, biblical truth.

From *Commanding Your Morning* by Cindy Trimm

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