

7 Signs You Have an Inner Pharisee

Do you have a resistance within that keeps you from seeing yourself and others through the lens of compassion and grace? You may have an inner Pharisee that has trained you to see life through shame, condemnation and punishment.

In this video, I want to briefly talk about seven ways an inner Pharisee operates and how to detect its work in your thinking and perspectives. {eo}

Mark DeJesus has served as an experienced communicator since the 1990s. As a teacher, author, coach and radio host, Mark is deeply passionate about awakening hearts and equipping people towards transformational living. His message involves getting to the core hindrances that contribute to the breakdown of our relationships, our health and our day-to-day peace. He is well-versed on struggles that originate within our thoughts. Through his own personal transformation, Mark is experienced in helping people overcome and live fruitful lives. He is the author of five books and hundreds of teachings. He hosts a weekly radio podcast show called "Transformed You" and blogs at . His writings have been featured on sites like .

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