

4 Ways to Combat Spiritual Attack at Night

One of the most frequent questions I receive regarding spiritual warfare has to do with how to overcome persistent nightmares, immoral dreams or fear in the night. At first, I was surprised by how many people undergo spiritual attack in their sleep.

But as I prayed about why the enemy so frequently attacks in the night, God reminded me it's because the devil capitalizes on when we are less able to fight back—when our defenses are down. And that's when we're tired or asleep.

Still, there's no reason to be afraid of the dark! Although our defenses might be down while we sleep, God has not left us defenseless. In fact, nighttime is a perfect time to experience God's supernatural weapons working on our behalf.

Tune in to my short video above to discover how to activate God's unfailing defenses to put an end to nighttime attacks and sleep in heavenly peace. {eoa}

Kyle Winkler () is the creator of the popular *Shut Up, Devil!* mobile app. His latest book is *Activating the Power of God's Word: 16 Strategic Declarations to Transform Your Life*. Kyle holds a Master of Divinity in biblical studies from Regent University. Connect with him on Facebook, Twitter and Instagram.