

4 Practical Steps to Stand Firm in Life's Storms

Storms come to everyone. Whether emotional, spiritual or physical, trials reveal the foundation upon which we are building our lives. Matt Cruz, a full-time minister with over a decade of experience, shares how God used storms in his life to expose shaky foundations and lead him into deeper healing and maturity.

Cruz began preaching at 19 and went full-time around 21. Early on, doors opened, his social media presence grew and he experienced great influence. Yet, despite the outward success, his foundation was unstable. In an interview with Charisma Media, he explains how Jesus compares those who build on rock versus sand. When storms hit, only the house on the rock stands.

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