

4 Keys to Spiritual Discernment Every Believer Needs

Spiritual discernment is essential in a time when believers are constantly bombarded with conflicting voices, cultural pressure and personal uncertainty. Many Christians find themselves worn down—not from disobedience, but from operating outside of God’s appointed timing. That was the central theme of Pastor Mike Signorelli’s recent message at V1 Church, where he introduced a biblical strategy to help believers align with God’s rhythm for their lives.

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“Discernment should be developed internally before it’s distributed externally,” Signorelli said. “You got people who want to distribute more discernment externally than they want to develop internally.”

Preaching from Ecclesiastes 3 and Luke 12, Signorelli unveiled a four-part framework called . to help Christians move forward with clarity, faith and intentional obedience.

• **D – Discern the Season You’re In**

“Could it be that you’re not burned out because you’re doing the wrong things? It’s that you’re doing the wrong things in the wrong season.”

Signorelli emphasized the difference between doing what is right and doing it in the right season. He taught from Ecclesiastes 3:1, explaining that the Hebrew word *zeman* means “appointed time,” not “suggested time.” Discerning this timing is critical to avoiding spiritual burnout and aligning with God’s will.

- **O – Observe and Fully Embrace Today**

“Today is all we’ve got. That’s why it’s called a present—because today is a gift.”

Signorelli encouraged the congregation to stop living in the regret of yesterday or the fear of tomorrow. Instead, they should engage fully with the responsibilities and blessings of today, trusting that God’s grace is sufficient for the moment.

- **S – Stay Faithful in the Small Things**

“Faithfulness in what seems insignificant leads to greater stewardship later.”

He reminded believers that obedience in obscurity prepares them for influence in visibility. Even unnoticed acts of faithfulness are seeds that bear fruit in God’s timing.

- **E – Execute with Consistency and Intentionality**

“Life is not about doing it all. It’s about doing the right thing in the right time.”

Signorelli warned that delay, often caused by fear or insecurity, leads to wandering. He urged the church to act with purpose, encouraging them to “stand up, sign up, and show up.”



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Pastor Signorelli challenged every believer to seek the Lord in prayer and sit in His presence for five minutes each day to ask, “What season am I in?” He encouraged journaling the response and sharing it with a trusted friend for accountability.

“Most of your discouragement is you not being in agreement with what God appointed for right now,” he said.

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Spiritual discernment isn't reserved for the elite, it's a daily practice of surrender. As Signorelli put it, "When you align with the rhythm of grace, the rhythm of discernment, then you'll find rest. You'll find purpose. You'll find fruitfulness."

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Let this be a season marked not by suggestion, but by divine appointment. Pursue the Lord with everything, and let discernment lead you into your next breakthrough.

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