

# Special Edition December 2023

Charisma Magazine

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## Cover Story



## Fasting for a Reward

If fasting is about denying yourself, then is it wrong to approach fasting with the purpose of earning something? Scripture answers that question with a few keys to this God-given spiritual discipline that could change your life

By David Ireland

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## Features



## **If My People Will Pray**

America may be in crisis, but there is hope: God is stirring hearts to seek Him—even beyond a September prayer gathering in Philadelphia

By Stephen Strang



## **What Audacious Prayers Can Do**

Everyday petitions have their place, but few things touch God's heart as much as a believer's bold, desperate cries. The question is: Do you have the audacity to move Him?

By Don Nordin



## **40 Days of Prayer for America**

Prayer is critical to any nation, especially one that proclaims a connection to God

By Dave Butts



## 10 Tips for Healthy Fasting

How to keep your spirit, soul and body at their peak while fasting

By Cherie Calbom

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Columns

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# More Articles About Fasting

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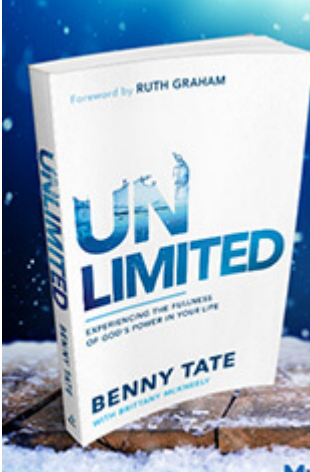
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He Made Me and  
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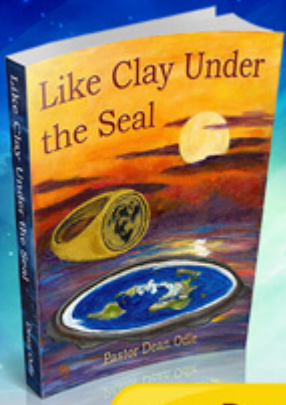
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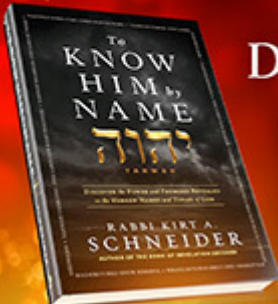


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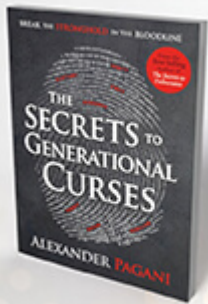
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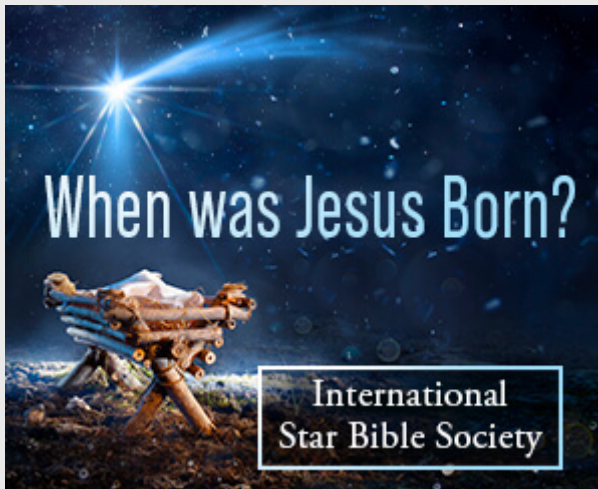


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