

How You Can Radiate and Release God's Glory

Do you want to radiate God's glory everywhere you go? We each have an internal and external atmosphere. Our internal atmosphere is what we are filled with on the inside. Our external atmosphere is what we release around us. The external is an overflow of the internal. If we are cultivating a negative internal atmosphere, that is what we will release around us. If we allow anger and resentment to fill us on the inside, then eventually our external life and relationships will become full of conflict and turmoil.

It's God's desire that inwardly we are filled with righteousness, peace, joy, love, patience and all the fruits of the Holy Spirit. God also desires that we live saturated with His presence. If we learn how to cultivate an internal saturation of the Holy Spirit, eventually our life will release His glory, presence and power everywhere we go.

Your Heart Radiates God's Presence At Least 10 Feet From Your Body

I have learned an interesting thing about the human heart. Scientists have discovered that the human heart releases a natural energy flowing at least 10 feet from its surface. All around your body, there is a 10-foot natural energy field radiating from your heart. As a result, scientists call the heart the "sun of the body."

Scripture tells us something amazing about our heart. Galatians 4:6 says that the Holy Spirit has been sent to live in our hearts. So not only do you have natural energy radiating from your heart, but you also have the presence and power of the Holy Spirit radiating from there as well! As a New Covenant believer filled with the Spirit, you have at

least a 10-foot radius of God's presence overflowing from within you.

Join me for my newest podcast series, *Shift Your Atmosphere*, on *Glory Living With Matt Sorger*, and learn how to actively shift the atmosphere around you everywhere you go. And click [here](#) for Part 1 of this series.

To learn even more about this topic, visit my online course, *Glory Carriers*, at [at](#) and also visit my online store at [to](#) to get my complete teaching set: "Shift Your Atmosphere."