

How This Physician Learned the Deeper Truth of God's Healing Power

Even for believers, there are moments when fear, doubt and disappointment crowd in. When this happens, you may struggle to find room for more of God's presence in your life.

That's what occurred one day for Dr. Sandra Dalton-Smith. An internal medicine physician, Dalton-Smith realized she felt divine dehydration—totally empty, spiritually. Smith listened as a patient recounted physical discomfort. As Dalton-Smith cared for the patient, attaching an IV and prescribing fluid, she realized that spiritually, she was in the same condition. She needed a spiritual IV, a continual infusion of the presence of God in her life.

That experience was the impetus for her to help her patients have a deeper understanding of the spiritual side of healing. By just focusing on the physical, she wasn't giving patients everything they needed to get to a place of healing and wholeness.

Aside from the physical, there is also the spiritual and mental (emotional) part of our bodies. Dalton-Smith recognized that people suffering physical ailments also need life-giving water that quenches thirst and refreshes souls. Simply treating issues of depression, stress or anxiety with conventional cures can create more confusion because people can't get whole without the added component of spiritual healing. Most of the time, there's a deeper work that has to be done.

Often painful experiences such as abuse, divorce, infidelity, insecurity, dementia and cancer cause deep spiritual and emotional pain. Dr. Dalton-Smith advises that you don't allow

pain to be a destination, but see it as part of your journey. Pain is part of our wilderness experience, but God never allows pain to be a place we visit without Him getting glory from it.

You *can* dream with God again and let Him redirect your steps. Rest assured, you can come empty and be filled to overflowing by pouring out life's hurts and receive God's healing love. God sees us, knows our pain and has a solution for it. {eoa}

Marilyn Hickey *founded Marilyn Hickey Ministries more than 45 years ago with God's vision to cover the earth with the Word. Marilyn co-hosts a daily television program, Today with Marilyn & Sarah, reaching a potential viewing audience of over 2 billion households worldwide. Marilyn communicates deep biblical truths in a way that is understandable and practical for everyday life.*

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