

Former Yoga Instructor: A Demon Tried to Suck My Soul out of My Body

When people think of witchcraft, few think of the New Age. Yet former Kundalini yoga instructor Mike Shreve says that's exactly what the New Age and yoga are.

"My guru taught us that yoga was really [white] witchcraft," Shreve says. "He called it witchcraft and compared it to other forms. ... Black witchcraft is for evil purposes. Red witchcraft is for selfish purposes. But then, manipulating the life force within you in order to achieve God consciousness and become an influential, positive person in the world was called white witchcraft."

But Shreve soon discovered that yoga opened him up to the demonic. And when Shreve surrendered his life to Jesus, the devil was not happy.

Shreve recalls one night when the enemy attacked him in his room.

"I looked up and saw this gray ball," he says. "And it came through the wall. ... It was throbbing like the pulsation of a human heart. Then, all of a sudden—I knew intuitively it was a demon spirit—it rushed across the room, slammed into my forehead and started trying to suck my soul out of my body. And immediately, I realized this was the demon I had yielded to when I did meditation."

Listen to the interview to find out what happened next. ([Click here](#) or scroll to the top to listen.)