

6 Scripture-Proven Ways You Can Be Healed

God has a lot of ways to heal us based on the redemptive work of Christ. It is something Jesus paid for—something He suffered for. His desire for you to be healed and walk in divine health is the reason He went through so much pain and suffering. He was taking upon Himself the pain and suffering of humanity.

Therefore, He has made healing available to you through many avenues. They are:

1. Healing through the laying on of hands (Luke 4:40)

He didn't tell them it wasn't God's will for them to be healed. Everyone who came to Jesus got healed. No exceptions.

2. Healing through deliverance (Matt 8:16)

Demons can be the reason why people are sick in their bodies. They may have a spirit of infirmity. See also Luke 8:2.

3. Healing through breaking curses (Gal. 3:13)

People are plagued with generational demons of infirmity such as diabetes, high blood pressure, certain heart conditions, and more. If there is a generational curse that is activating sickness in your body, know that because Jesus was made a curse for us, you can tell the devil that he will not put this sickness in your body. Tell him, "I don't care if my mother, grandmother, or greatgrandmother

had this disease; the curse stops here. I break it in the name of Jesus." Begin to rise up and use your authority! Say, "I am not cursed. I am blessed. My body is blessed with healing, in Jesus's name."

4. Healing through anointing oil (Mark 6:13)

Anointing oil represents the Spirit of God and the anointing. The anointing is what drives sickness and disease out of our bodies. The anointing oil breaks yokes of bondage (Isa. 10:27), and sickness is a form of bondage.

5. Healing through faith (Mark 11:23)

For some people, sickness is a mountain. It's always in their way. It seems like something they can't overcome. But Mark 11:23 says that when you have faith and don't doubt, you will speak to a mountain and it will move. So speak to that mountain of sickness; don't climb it! You have to talk to mountains: "Lupus, be removed and cast in the sea!" "Cancer, be removed and cast in the sea!" But don't doubt in your heart. This is why you have to be careful to guard your heart. Don't hang around people who doubt. Keep your heart free from doubt and unbelief. There is going to come a time when you will have to speak to some things. Every time a mountain gets in your way, instead of turning around and running, you need to stand face-to-face and say, "Be thou removed!" Grow up in faith. Open your mouth and talk to sickness. Say, "I command this sickness to leave my body in the name of Jesus." Mark 11:23 says, " . . . those things which he saith" (KJV). This is not even about prayer. This is just speaking.

Some stuff you have to just speak to! "He shall have whatsoever he saith" (KJV).

6. Healing through virtue or touch (Mark 5:29–30)

Jesus's virtue can be in you if you pray and fast. Luke 6:19 says, "The whole multitude sought to touch Him, for power went out from Him and healed them all." Worship is a way to reach out and touch the heart of God. True worshipers know how to get in God's presence. As you reach up in pure worship, you will be like the multitudes in Jesus's day, for "as many as touched it were made perfectly well" (Matt. 14:36). "But the

hour cometh, and now is, when the true worshippers shall worship the Father in spirit and in truth: for the Father seeketh such to worship him" (John 4:23, KJV). Is this your hour?

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