

Transgender Regret: The Truth About Gender Reassignment Surgery

As the transgender movement becomes all the rage in popular culture, those who once lived that lifestyle—and are now plagued with regret—are coming forward to share their stories.

Author Walt Heyer chronicles their various journeys in his new book, *Trans Life Survivors*.

“Trans Life Survivors showcases emails from 30 or so people, selected from among hundreds who have written me, concerning what many call ‘the biggest mistake’ of their lives,” Heyer writes in the book’s introduction.

Heyer is hardly an outsider regarding this controversial issue. To the contrary, Heyer himself endured a life-long struggle with gender confusion, leading him to have a sex-change operation and live as a woman for nearly a decade.

He later discovered, however, that he was suffering from a mental condition known as “dissociative identity disorder,” or DID. In a further epiphany, he realized his disorder was the result of an early childhood trauma—and that the surgery had fixed nothing.

“It was becoming very clear that the surgery they call ‘sex change’ or ‘gender reassignment’ is not a sex or gender change at all, but a means to living out a masquerade through the destruction of perfectly good sexual organs,” said Heyer, who detransitioned back to a male 25 years ago. {eoa}

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