

# Openly Gay Michael Sam Steps Away From Football

Michael Sam, who last year became the first openly gay player drafted by a National Football League team, said on Friday he was stepping away from football, citing concerns over his mental health.

“The last 12 months have been very difficult for me, to the point where I became concerned with my mental health,” Sam wrote on Twitter. “Because of this I am going to step away from the game at this time.”

© 2015 Thompson Reuters. All rights reserved.