

How This Man Beat Cancer in 3 Months

There is increasing hope in our battle against cancer. There are now more reasons than ever to make changes in our lifestyle to prevent getting it.

Furthermore, those who have been given a diagnosis of cancer have every reason to employ alternative therapies to get rid of it.

Recently I had the pleasure of interviewing Russell and Marion Pyle.

Russell was diagnosed with a type of bladder cancer that would not respond to chemotherapy. The tumor was removed surgically. Doctors said other surgeries might be necessary, but the Pyles still needed to wait three months for another biopsy to see where things stood.

Wisely, the Pyles didn't sit around worrying. The first thing they did was give this situation to God. Then they got busy online, learning the nature of cancer and what other people were doing to combat it.

They took that information and incorporated it into their lives. At the end of three months, Russell was cancer free.

Below is a synopsis of what they did, which also can be found in their new book, *Healed, Healthy and Whole*, as well as in my interview with them.

No Carbs

It didn't take long for the Pyles to learn that cancer looooooves sugar. The sugar we eat feeds cancer cells.

That is very bad news for most Americans, because the average

person consumes 23 teaspoons of added sugar a day, which is insanely high, and sadly, just the tip of the iceberg.

That added sugar doesn't even include all the other foods we eat that turn into sugar as soon as we eat them, so they count as cancer fuel too. These are carbohydrates, also known as starches, such as bread, hot dog and hamburger buns, tortillas, waffles, bagels, pizza crust, pancakes, muffins, corn chips, rice and so on.

If you cut these sugar-producing foods out of your diet, you simply deprive cancer of its food source, and starve it to death. This low-carb diet, also called the Ketogenic Diet, is really gaining in popularity as more and more people are beginning to see how it kills cancer.

pH Balance

For optimum health, our body's pH should be balanced between acids and alkalines. The pH scale goes from 0, the most acidic, to 14, the most alkaline. Our blood is slightly above the middle, 7.

Just like a diet that is too full of carbohydrates can feed cancer cells, it appears that a highly acidic diet can have the same effect. Therefore, the Pyles stopped consuming acidic foods and beverages such as coffee and many processed foods, and loaded-up on the more alkaline foods, such as vegetables and nuts.

Vitamin C

Interest in using very high doses of vitamin C as a cancer treatment began when it was discovered that some properties of the vitamin may make it toxic to cancer cells.

Therefore, Russell received full bags of Vitamin C intravenously, which he says not only hindered the growth of the cancer, but strengthened his immune system so it would be

better able to fight his cancer.

People who are trying to prevent cancer may want to consider ample vitamin C supplementation.

Hyperbaric Oxygen Therapy

Science tells us that cancer cells hate oxygen. Therefore, an effective new treatment in killing cancer cells is to saturate them with oxygen.

This is accomplished with Hyperbaric Oxygen Therapy. Russell rested inside a pressurized chamber and breathed 100 percent pure oxygen. People who are trying to prevent cancer can increase their oxygen intake with cardiovascular exercise.

Electromagnetic Field Therapy

Pulsed electromagnetic field therapy uses electrical energy to direct a series of magnetic pulses through injured tissue whereby each magnetic pulse induces a tiny electrical signal that stimulates cellular repair.

Mainstream Treatment

Russell's mainstream treatment included using Bacillus Calmett-Guerin (BCG), which is a type of bacterium used to stimulate the bladder's own immune system so that it fights any toxin in the bladder itself.

For the original article, visit .