

Historic Gold-Medal Winner Simone Manuel Breaks Down on Camera: It's God Working Through Me!

Breathtaking. Beautiful. Graceful. Champion. Meet 20-year old Simone Manuel, who vocally praises her Creator.

"All I can say is all glory to God. It's definitely been a long journey these past four years. I'm just so blessed to have a gold medal ... I'm just so blessed," Manuel sobbed after her victory.

Manuel is the first African-American to take gold in an individual swimming competition—ever. She tied with Canada's Penny Oleksiak for a record-breaking time of seconds in the women's 100-meter freestyle.

Thus far in Rio, Manuel has one gold and one silver medal.

"It is an honor to represent the USA! God is working in me! I am so blessed and grateful. Thank you all so much for your support," Manuel tweeted after her historic win.

Amen to that!