

Florida Doctor Organizes 5K Run for Human Trafficking Awareness

Dr. Dan Yachter has always advocated getting to the root cause of disease, not just treating the symptoms. Now, the chiropractor and public speaker on holistic health is taking the same approach to the human trafficking epidemic.

On Oct. 22, the Florida-based doctor is sponsoring a 5K walk/run to fight human trafficking, a crime that the U.S. Department of State reports is affecting at least 1 million new victims every year. Half of those victims are children.

The charity event is being held on behalf of Run for Freedom, a ministry outreach of Florida nonprofit organization Dream Again Ministries. Together Yachter and Run for Freedom will help spread awareness about human trafficking and establish Dream Homes across the country as safe houses where rescue victims can receive emotional healing, education and hope to re-enter society.

"We believe in one Great Physician, that's God. True health, wellness and healing only comes from a proactive standpoint," says Yachter. "The only way you can move closer to what God created you to be body, mind and spirit is by removing interference."

Yachter believes this month's 5K will raise awareness of human trafficking and remove its interference from within the community. "As people become more aware of human trafficking there is a greater ability to identify it and protect our community against it. Awareness creates prevention from more human trafficking occurring."

Yachter believes the money, campaigning and corporate approach

to fundraising should be geared toward equipping people with the tools and resources they need to prevent sickness and disease. On Oct. 22, Yachter plans to equip the Lake Mary, Fla., community with the tools and resources they need to prevent human trafficking. Following the 5K, Yachter's practice, Y360 Health, will host a lunch, as he shows the 2005 drama *Human Trafficking*.

"Our charity 5K to fight human trafficking is proactive because it helps prevent the crime," Yachter says.

For more information on Run for Freedom, or to register for the 5K [click here](#).