

Can You Believe This 'Challenge' Video Went Viral?

Facebook has lately been flooded with videos of “ice bucket challenges,” but this father has issued a unique challenge, and it’s catching on.

“All right, I don’t really do Facebook videos or anything like that, but I guess since everyone else is doing a challenge, I figure I should do one too,” Kendell Smith said, referencing the videos of people dumping an ice bucket over their head to benefit ALS, or Lou Gehrig’s disease. “So this is my challenge out there to anybody that wants to accept it. See if you can do this.”

He doesn’t reach for an ice bucket, though. Find out what unique challenge he issued in the video below. The video, titled “New Challenge... Only Real men can do this,” has been shared more than 80,000 times.

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