

A Pilgrim's Progress

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StandingWithIsraelIntro{/flv}
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My name is Valerie G. Lowe and I'm the editor of the new Standing with Israel e-newsletter. One of the most rewarding and exciting places I've ever traveled to is Israel. I'd always wanted to take a pilgrimage to the Holy Land but didn't think the opportunity would ever present itself. After years of waiting, it finally did.

I recently returned from Israel, and every week I will share with you a video, blog or photos of my trip. Today you're watching a video of my visit to Galilee, where I went for a boat ride on the Sea of Galilee and learned how to cast a fishing net the way it was done in biblical times. I also learned a Jewish dance. [Click here to watch.](#)