

All of Creation Points to Its All-Powerful Creator, Down to the Smallest Details

God designed His creation to work together.

And scientists are increasingly seeing that this collaboration between organisms is true with the human body.

Your microbiome is incredibly important. Research has shown how it helps train your immune system, assists with digestion and regulation of your metabolism, and can even affect your mood! A microbiome that's "off" can possibly contribute to depression, anxiety, and stress! Wow, bacteria are more significant that you might have thought!

This world that you can't see is an incredibly important world. Of course, like everything else in the universe, our microbiome is affected by the fall of mankind, and sometimes things go very wrong or viruses and bad bacteria make us sick. But it wasn't that way in the beginning! The majority of good microbes that still inhabit our bodies remind us that originally all bacteria, viruses and fungi were designed "very good" and lived in harmony with the rest of creation.

The Bible describes in detail who created all of this: "There is but one God, the Father, of whom are all things, and we in him; and one Lord Jesus Christ, by whom are all things, and we by him."

That's right, He knows you, and every organism in your body. Do you know Him?