

Your Warfare Keys to Self-Deliverance

Seeking deliverance but not finding lasting deliverance can be discouraging when you have tried to press through to your breakthrough to no avail. It can leave you wondering if you will ever receive complete deliverance. There are so many different models of deliverance and inner healing that it's hard to know which ones are right and which lead to lasting freedom. In the Gospels, we find the keys to deliverance in studying about how Jesus ministered. Jesus dealt with the root issue and went deep.

What is the missing element to deliverance ministry? We know Jesus came to set the captives free, but why aren't people being set free? Casting out the demons and not just releasing the ministry of inner healing will allow us to receive the freedom we desire. Jesus confronted the problem and cast out the demon. He rebuked the evil spirit and gave it a follow-up order and command. He didn't just speak authority, He told the demon what He wanted it to do, such as "Go," "Get out," "Leave him" and "Enter him no more."

There are keys to deliverance and in my new e-course, *Your Keys to Self-Deliverance*, I teach the nine techniques that are keys to getting free and staying free. It is not enough to talk about and educate on control, anger, intimidation, fear and rejection. We must look at the principalities and strongmen operating behind these spirits and how they come in and plague us, but also how they have a hold upon us.

Mind-binding spirits are a driving force behind every spirit. We must attack the mind-binding spirit, which I discuss in my book, *Discerning and Destroying the Works of Satan*. A mind-binding spirit lures us into think about in a negative way the very thing in which we desire to receive freedom.

We need to figure out the entry point and legal rights of a demonic stronghold. When we cast out the evil spirit but don't remove the entry point and legal rights, the demonic stronghold can continue to attack us and infiltrate our soul. In my podcast, *Prophetic Spiritual Warfare*, I have several teachings on legal rights, entry points and mind-binding spirits in which you can learn about and receive practical application in which to obtain freedom.

In deliverance ministry, we discuss the emotional ailments plaguing us, but we don't receive freedom because the more profound issues are still penetrating our lives. By going deep, we can destroy the driving forces within us and evict them out of us. It comes from self-examining, allowing the Holy Spirit to convict and correct us and lead and guide us in the deliverance process. The Holy Spirit is the best teacher and guide in the process of deliverance. When we rely on Him, He will lead and guide us in the deliverance process, and it will be complete. One of the reasons I created my new e-course, *Your Keys to Self-deliverance*, is because people weren't receiving the deep deliverance they desired. It is my hopes and prayer that through my e-course and new book, *Unshackled*, you will get free and stay free, being led by receiving deliverance the way Jesus ministered it.

Listen to my latest podcast episode on this important topic.

Additional teachings on spiritual warfare, inner healing and deliverance can be found in Kathy's online e-courses at [. {eo}](#)

Kathy DeGraw is a prophetic deliverance minister, releasing the love and power of God to ignite and activate people, release prophetic destinies and deliver people from the bondage of the enemy. She is the founder of Kathy DeGraw Ministries and Be Love Outreach. Kathy hosts a weekly podcast show called *Prophetic Spiritual Warfare* on the Charisma Podcast Network. She is the author of several books, including

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