

Your Supernatural Secret to Unshakable Faith

“I can’t believe you do that. That’s crazy!” a friend said when I told her I travel abroad by myself.

That’s crazy!

She might be right. Being blind, my traveling alone could be dangerous. Without eyesight, I risk many mishaps—getting lost, losing my luggage, falling, running into objects or into people. Or even ending up in the wrong destination.

But worry is gone because when I leave for a trip from my hometown of Orlando and head to South America, for example, I have a plan. In one hand I hold my white cane, and in my heart, I carry God’s Word. They’re verses from the Bible I memorized and silently repeat in my mind throughout the day.

Good thing I developed that habit, because not long ago, when I visited Ecuador for the first time to address women’s conferences in various cities, God’s Word saved me from panic.

“Wake up, Janet!” my friend whispered as she stood beside my bed. “Don’t be afraid, but we had another earthquake last night.”

Gulp. This was my first time in Ecuador, so the surroundings were unfamiliar and the tremors that would soon follow added to the uneasiness of the moment.

My friend left, as she had to attend to some urgent matters. I was alone. The only thing that accompanied me was my white cane and the fear I’d be unable to navigate to find the exit. My fear was that I would be crushed or trapped.

I tried to wipe away thoughts of the possible tragic ending. But, before I did, the furniture began to shake, the windows

rattled and my heart beat fast.

God's Word Was Hidden in My Heart

I forced myself to take a deep breath. I needed supernatural help. But I had no one to read Bible passages to me. No cell connection to listen to God's Word or even a radio to listen to Christian teachings. The only thing I had, stored deep in my heart and tucked in the crevices of my mind was God's Word. I had written them with the pen of commitment ever since I met Jesus and began a sweet relationship with Him.

In the midst of the tremors, He whispered to me:

- "Be still and know that I am God" (Ps. 46:10a).
- "The Lord is my shepherd; I shall not want" (Ps. 23:1a).
- "Do not fear, for I am with you" (Isa. 41:10a).
- "For God has not given us the spirit of fear, but of power, and love, and self-control" (2 Tim. 1:7).
- "I can do all things because of Christ who strengthens me" (Phil. 4:13).
- "The Lord is my light and my salvation; whom will I fear?" (Ps. 27:1a).

The threatening terror turned to triumphant peace. I wasn't alone, God was with me. The tremors stopped in my heart and in the room as well. Fresh reassurance, powerful confidence and profound calmness erased all fear.

7 Steps to Keeping God's Word in your Heart

No matter what shakes our world, God's Word is available and through the Holy Spirit, it's ready to leap from the page into our mind and heart. Here are seven steps to store them deep within:

1. Ask God to speak to you through His Word.
2. Ask God to grant you spiritual wisdom to understand His message.
3. Choose a Bible verse.

4. Keep the verse short.
5. Ponder on its meaning.
6. Repeat it over and over again in your mind.
7. When going to bed, commit it to memory and repeat it the first thing in the morning.

Once this verse flows easily in your mind and from your lips, choose another one and follow the same steps.

Storing Bible verses in the heart is like collecting gems. They will shine to dispel the darkness. They will enrich a heart that's empty. They will grow in value. And they will add worth to our life.

Although we all face earthquakes that shake our life, God's Word is the steady foundation that remains solid. His Word, learned and stored within, is the weapon that defeats the enemy, turns fear to faith, panic to peace and soothes the aching heart.

Let's Pray

Heavenly Father, you see the tremors that often shake my own life. I ask for Your wisdom to understand Your Word, for Your grace to keep me focused on You, and for diligence to store Your Word deep within me. In Jesus' name, amen.

How has God's Word stored in your heart helped you? {eo}

Janet Perez Eckles is an international speaker and the author of four books. She has helped thousands conquer fear and bring back joy.

This article originally appeared at .