

Worth Watching: ABC's 'Secret Millionaire'

✖ I'll admit it. I can be somewhat of a reality TV show junkie. I don't watch all of them, but there are a few I especially enjoy, *Top Chef*, *The Next Food Network Star* and yes, *The Housewives of Orange County*, *Beverly Hills, New York*, *Miami* (you get the picture). But the TV shows I can truly appreciate are those that do make positive changes in people's lives, for example *The Biggest Loser*, *Extreme Makeover: Home Edition* and now *Secret Millionaire*.

This show chronicles the journey of a millionaire who leaves his affluent lifestyle and lives for a week in a poverty-stricken area. Keeping identities secret, each millionaire will find places to volunteer and also find the unsung heroes of the communities—those people who are making a difference. At the end of the week, the Secret Millionaire reveals his identity and also gives each hero a monetary gift. The millionaire gives at least \$100,000 of his own money and determines each amount given to each organization or person.

The first episode, airing on ABC Sunday, March 6, at 8 p.m. (check local listings), features born-again Christian Dani Johnson, a wife, mother, self-made millionaire, author and radio show host. As the Secret Millionaire, Dani travels to Knoxville, Tenn., and lives for a week in the rundown, drug-riddled neighborhood of Western Heights. Tune into the *Secret Millionaire* to watch Dani's experience and to

see what people are doing to help their community.

This is the type of show families of all ages can look forward to watching. Yes, this show makes for great entertainment, but even more so, it will inspire viewers to look for those who need help and to do what they can and give what they can. May we all desire to be “secret millionaires” in our own worlds.

To watch a trailer of *Secret Millionaire*, [click here](#).