

With All Hope Lost, John Tesh Turned to God and This Bible Verse

Famed musician and TV host John Tesh was depressed and had given up after doctors gave him 18 to 24 months to live. But perseverance and a deeper connection to faith transformed his perspective.

“I very quickly became a cancer patient, and so I started making plans for my demise,” Tesh told CBN’s Faithwire of the circumstances after his 2015 diagnosis. “It was 18 months to two years to live. It was a very aggressive form of prostate cancer.”

The Emmy Award-winning and Grammy-nominated performer, who was 63 at the time of his diagnosis, said he quickly became depressed and downtrodden. Doctors told Tesh to get his affairs in order, so he focused on figuring out insurance and turning his attention to protecting his family after his death.

The former “Entertainment Tonight” host said he started to give up on life during the ordeal.

“In the middle of it, I gave up,” he said. “I was drinking three or four highballs of scotch a night and chasing it with Vicodin.”

For Tesh, cancer had become his identity—a perspective he said many patients succumb to as they navigate their struggles. But his wife, Connie Sellecca, and a growing relationship with God helped change his mindset.

Tesh said he grew up in a Christian home but didn’t start reconnecting the dots to help his perspective shift until he

heard a CD about divine healing.

He then realized how much God loves humans and wants wellness for us.

“God wants you well,” he said. “It’s the other guy down below who really would like to kill, steal, and destroy.”

This shift in philosophy helped Tesh move from a “why me” mentality to one of victory, healing, and remembering God wants the best for his life.

“The biggest change for me was ... Romans 12:2, which is, ‘Be transformed by the renewing of your mind,’” Tesh said. “It’s a very simple sentence.”

Find out more about Tesh here.{eoa}

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