

Why What This Ministry Leader Learned in Her Years of Suffering Will Change Your Life

Author, speaker and leadership trainer Jessie Seneca, founder of More of Him Ministries, endured nearly 20 years of a debilitating disease called Cushings Syndrome before God restored her health 11 years ago. Her years of pain included pain, emotional and psychiatric problems, multiple hospitalizations and even the removal of one lung.

So what does Seneca say is the most important thing she learned through her season of suffering? She tells host Angela Donadio on the *Make Life Matter* podcast on the Charisma Podcast Network, “When the rubber met the road with my disease, it was all about knowing God’s Word. And [my season of illness] was when God really got a hold of me [about] getting into His Word on a daily basis and making that an important part of my day.

“I tell leaders this all the time: The most important bullet point on your agenda is your quiet, secret time with God,” Seneca says. “Because so many times we get set on what we’re planning and organizing and implementing that that can overtake our time with God. And we can’t allow that to happen.

“In that season of darkness, God was calling me into a deeper relationship with Him and how important that is. ... No matter when women hear me speak, Angela, I will always tell them the importance of getting into God’s Word, because that’s where transformation happens. And that’s where preparation happens,” Seneca says. “So I think the biggest things for me is I learned through all of it the importance of God’s Word,

because [there are] some times you're not going to have the Bible with you as you start to learn God's Word and make it a part of who you are, and memorize some of those Scriptures.

"As you lie on those beds, or as you walk down a dark corridor or whatever it might be, those Scriptures can flood back into you and give you encouragement. And I know that He is right there with you, walking beside you, going before you, having Him behind you and just guiding you."

To hear more of Jessie Seneca's story as well as her teaching on the transformative power of God's Word, [click here](#) to listen to the entire podcast. {eoa}