

Why Is Broken Such a Bad Word?

Broken.

One of those words that doesn't bring a lot of joy. Who wants to be broken?

Broken things.

Broken bones.

Broken relationships.

Broken vows.

Broken homes.

Broken hearts.

I assume we are all on the same page and don't want that word to describe much if anything in our lives. In fact, the only phrase with broken in it that I can think of ever wanting to use is "broken fever".

For a while I've tried to figure out a different word to describe my family other than broken. Initially I thought it was just too negative. I started trying out different descriptive words. Wounded. Bruised. Hurting. Anything but broken.

I wanted to stand up and holler, "WE ARE NOT BROKEN!!!!"

But you know what? I believe we are. And I'm realizing that that's okay.

We are broken but healing. God, the Great Physician, is fixing up all the broken parts.

A couple of things have brought me to this conclusion.

The first was reading this verse:

But we have this treasure in jars of clay, to show that the surpassing power belongs to God and not to us. We are afflicted in every way, but not crushed; perplexed but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies. 2 Corinthians 4:7-10

After reading that verse I looked up the meaning of “jars of clay.” One of the definitions said that the jars of clay would have brought to mind a common household jar – probably inexpensive and fairly easy to break. It would probably have cracks and chips from being well-used.

There is so much to get from this verse, but the idea that struck me was that the brokenness of the jar of clay allows what’s inside to be seen – to flow out.

The brokenness of our lives allows God to shine through us. Oh my goodness, that sounds like some really syrupy sweet quote to post on Facebook. Unfortunately for all of us I can’t think of a better way to say it.

I just know that when everything in my world went cablooney, God was the only explanation for why I didn’t personally go cablooney. It was abundantly clear that the strength I had to move forward came from God and God alone – “the surpassing power belongs to God and not to us.”

One of my first fears following the shattering of my marriage was that my testimony was toast. I kept thinking of all the people that would think we were just absolute frauds. I felt like a fraud. Or maybe I should say I felt like I’d been defrauded. Everyone, including me, thought we had a great marriage. How could I speak about my relationship with God, if

everyone thought I hadn't been honest about my relationship with my husband?

But God showed me that my testimony wasn't about what I could or couldn't testify is what God has done and is still doing in my life.

And He worked mightily in those days following the shattering. He loved me and my children through our church, our homeschool community, our neighbors, and even the city where my husband had worked. He provided for us in amazing ways. He gave us peace and even joy in the midst of our pain and breaking. It was HIM, all Him.

Just as light shows through or water pours out of cracks in a broken pot, Jesus shows through our brokenness.

He showed through broken vows when He gave me the strength, peace, and perspective to fight for my marriage in the face of my husband's betrayal. Believe me it wasn't me.

He showed through the broken relationships caused by my husband's actions when He gave our friends wisdom, kindness, compassion, and grace to pursue my husband and love him despite his response.

He showed through our broken home by strengthening the bond my children and I have, strengthening our faith, and gracing us with love and joy.

He showed through my broken heart when I was able to comfort with the comfort I'd been given (2 Corinthians 1:4).

I could probably think of a million more ways that God has shown through the brokenness of my life. I've seen it in others too. My friends who have or who are battling grief they have while suffering greatly. The way my suffering friends reach out to others in their grief and pain. The compassion I see in my children because they understand what it means to be

loved by others while going through difficulties. The love I see in those who have had their hearts broken, but are still willing to open up to love again.

So I'm thinking that maybe being broken isn't such a bad thing.

Especially if God is allowing the I believe He does. If God allows it He is going to use it. If God allows it He is going to bring good out of it. If God allows it He is going to bring us through it. If God allows it He is going to be glorified! All those things are good.

I really am okay being referred to as broken. I'm not a broken 'm a woman broken by the Lord so that I can be healed. And I believe that I'm much better as a healed woman than I ever was before the breaking.

I have a long way to go and there is a lot of brokenness that needs to be healed.

I'm realizing this is a big topic. One that I'm going to have to ponder more. Because it's one thing for me to be broken and to watch God work with me towards healing. It is another thing all together to watch how the breaking of so much in our lives has affected my children. That has been very very difficult for me. I'm definitely going to have to pray about that before I share my thoughts.

I believe it's going to be me again recognizing that I have to entrust my children to God. I have to believe that He is working good for them in all of this too.

A lot to pray and ponder to be sure.

Thank you so much for being willing to walk this path with me. For being interested in my thoughts.

I pray that they have encouraged you that no matter what way

we describe our , broken, wounded, healing, has us and it is good.

Sue Birdseye is an author and single mom of five kids that range from 4-years-old to 17-years-old. Her book, *When Happily Ever After Shatters* (Tyndale House) is in bookstores. This is adapted from her blog,