

When You Feel Like God Has Forsaken You, Remember This

I'm starting to come out of a rough patch, and here's what I've been thinking:

Lord, You promised, "I will never leave you nor forsake you" (Heb. 13:5).

Lord, that is what Your Scripture says, but I have seen many dark times when I felt forsaken.

Yet whenever I have not sensed Your presence in the past, You have always sent me a sign of your goodness, often a small, seemingly inconsequential kindness by a friend that, to them, was a feather, but to me a bar of gold.

Lord, by faith *and* experience I believe You have always been with me in every one of the dark times.

Lord, I affirm that You have always led me out of the dark times.

Lord, I affirm that You have never left or forsaken me.

Lord, by faith I believe that You are with me right now.

And so, Lord, I come to be with You as You are always with me—Your much loved son, friend, disciple, servant, vessel and charge.

By the power of Your Spirit, permit me to experience what by faith I hold to be true: You will never leave me or forsake me.

In Your loving name, Jesus. Amen.

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