

When You Feel Abandoned, Remember This Key Truth

"I can't remember anything lately," my friend said. "I think I'm losing my mind."

Have you ever said that? Sometimes I'm tempted to think that getting older is a good excuse for all that begins to fail.

But the good news is that no matter how many years go by, there's something that never fails, never loses its power or diminishes its impact, and that's God's promise that He knows you and me inside and out.

He knows you're reading this. He's aware of your thoughts, He observes your anxious moments and your days of sorrow.

God explains it here:

Your Name

"Quite a thought isn't it? Your name on God's hand. Your name on God's lips. Maybe you've seen your name in some special places. On an award or diploma ... or maybe you've heard your name from some important people—a coach, a celebrity, a teacher. But to think that your name is on God's hand and on God's lips ... my, could it be?" (Max Lucado)

I know you by name. "See, I have written your name on the palms of my hands" (Isa. 49:16, NLT). You are that precious to Me. I care about every detail of your life. Start today by reading My Word: "Do not be afraid, for I have ransomed you. I have called you by name; you are mine. When you go through deep waters, I will be with you. When you go through rivers of difficulty, you will not drown. When you walk through the fire of oppression, you will not be burned up; the flames will not consume you" (Isa. 43:1-2).

***I see your tears.** I know your thoughts. I have not forgotten your requests. When you call out My name, I am always available. “My sheep listen to my voice; I know them, and they follow me” (John 10:27).*

***I know your name.** You are not a number to Me, or a symbol, or someone lost among all the other people in this world. You belong to Me, and I know your name. Because we have such an intimate relationship, “I will give you hidden treasures, riches stored in secret places, so that you may know that I am the Lord, the God of Israel, who summons you by name” (Isa. 45:3).*

(The above section entitled “Your Name” is an excerpt from Carol Kent’s release, He Holds My Hand.)

Let’s Pray

Father, in my moments of heartache, I know You hold my hand, and in Your hand is my name, engraved. Thank You for knowing me so personally and intimately. You know my deepest secrets and my constant worry and each longing. Thank You for knowing how to resolve it all. In Jesus’ name.

How will your outlook change, knowing God is aware of every detail? {eoa}

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