

What a Compass Can Teach You About Finding Strength in God

During times of crisis (like the season we're in) there is a proneness for everything to be amplified, and the soul can lose its way with feelings of anxiety and helplessness. This despair can be stifling and lead to overreactions, and your inner compass can struggle to find its true north.

When your mind gets stuck in this state, a chain reaction begins. Fear begins to narrow your field of vision, making it difficult to see the bigger picture and the God-possibilities before you. You can lose a grip on your non-negotiables, and your convictions begin to seem blurred. Convictions are the magnetic pulls of true north.

Conviction is defined as a strong persuasion, or the state of being convinced. It is a settled decision, a fixed strong belief. It defines and impacts our actions, thoughts and everything we are. Yet there is no conviction without a true north, your fixed point in a spinning world.

If you were wandering around in the wilderness, what would be one of the most important instruments to help you find your way? A simple compass is so crucial because it always points to magnetic true north.

Following Jesus as our true north requires that you disregard the many distractions and influences in the world that would alter your course. Just as the readings of a compass may be corrupted due to nearby objects, so we are susceptible to being swayed by various attractions in the world. We must constantly recalibrate ourselves to the example of the captain of our salvation, Jesus. Our spiritual needles must point to biblical, objective truth and not turn after subjective opinions and the vacillating values of our culture.

In our latest episode of *Keep It 100 podcast with Sean and Christa Smith*, we talk about realigning yourself with the true north of Scripture. One of the principles that we hit is that Jesus taught His disciples to not find the will of God through consensus. We must not have various interpretations of true north; we must know the true north Himself, and we must do more than just simply find a moral compass. We must be willing to be the moral compass. {eoa}