

Is Loving Yourself Selfish?

While loving yourself as God loves you is an important experience and practice, many can struggle and wonder, *Will this lead me to become selfish? Will loving myself lead me to become self-centered?*

In this video, I want to address the question that asks, “Is loving yourself something that can lead you to becoming selfish?” I want to help you apply some wisdom so you can address this issue with fruitfulness, balance and grounded living.

I will address the tension between loving others sacrificially and also tending to the needs of your own heart. I will share what loving yourself is not while also getting to some of the core issues we need to address when it comes to loving God, loving yourself and loving others.

Mark DeJesus has served as an experienced communicator since the 1990s. As a teacher, author, transformational consultant and radio host, Mark is deeply passionate about awakening hearts and equipping people towards personal transformation. He is gifted in helping people address the core issues that become limitations to their God given identity and destiny. He is the author of numerous books and hundreds of teachings. Mark and his wife host a weekly online show called “Transformed You” and he writes at [www.markdejesus.com](#). His articles have been featured on sites like [www.impactfulchristianity.com](#) and [www.impactfulchristianity.com](#).

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