

Understanding This Biblical Pattern Can Predict (and Prevent) Adultery

What if we could predict an extramarital affair before it took place?

Research shows us there is a way to do just that, says Dr. Barbara Lowe, psychologist and host of “Dr. Barbara’s Whole Life Podcast” on the Charisma Podcast Network. “There is a specific cascade into betrayal ... we can predict the pattern of betrayal just looking at people’s behaviors before they have an affair.”

But that’s not the most amazing part, Lowe says. “We are going to see the Word of God actually shows the same pattern as far as how we turn away from the Lord and the promises of God, and that what we turn toward is not God.”

Popular language in speaking of marriage today, even in Christian circles, focuses on meeting needs. “We have hungry hearts; we have needs and desires in our hearts,” Lowe says. But the way we get those met can either be right or wrong.”

And betrayal hurts so many lives, Lowe says. “Maybe your parents split up over an affair; maybe your spouse has had an affair; maybe you’re tempted to have an affair; or maybe you’re feeling very distant from the Lord.”

Listen to the podcast as Lowe examines the cascade to betrayal land from both a natural and a spiritual lens. {eo}