

Trusting God and Doing Good

One of the most life-changing things I've learned as a teacher of the Word of God is that God is always right! No matter what I think, how I feel or what my circumstances look like, His wisdom and His way of doing things are always the answers to my problems.

Psalm 37:3 (AMPC) contains some of the greatest instruction ever for having a great life. It says, "Trust (lean on, rely on, and be confident) in the Lord and do good; so shall you dwell in the land and feed surely on His faithfulness, and truly you shall be fed."

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We all go through difficult times and experience pain and disappointment. In John 16:33b (NIV), the Lord even tells us that "in this world you will have trouble." But Psalm 37:3 provides us with God's prescription for every problem we face: Trust God and do good.

God's Word is medicine, bringing healing and restoration to our souls. Our doctor is Jesus, we are His patients and we can take His medicine—"Trust God" and "Do good"—as much as we need to. And His refills are endless!

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But there are side effects. When you trust God, you'll experience peace, joy, stability, confidence and overall better health. When you do good, you will have extreme happiness and rewards in heaven!

Trusting God also brings freedom. Many times, things happen

that we just don't understand. But that's OK—we don't have to figure it all out. We can trust God that *He knows* and will take care of everything.

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