

Trust God, Even When You Don't Understand

Can you think of a time when you wondered, “What in the world is going on in my life? Why did that happen to me? When will I finally get what I’ve wanted for so long? Why, God, why? When, God, when?” If you’ve been alive for long at all, you’ve probably had an experience like this at some point.

The truth is God loves us and has good plans for our lives, but that doesn’t mean those lives are always easy. We all go through difficult times and things happen that aren’t fair. In fact, Jesus tells us in John 16:33 (AMPC), “In the world you have tribulation and trials and distress and frustration.” It’s so important for us to understand this so we won’t be confused and lose our faith in Him when life is hard.

Thankfully, Jesus goes on to say, “But be of good cheer [take courage; be confident, certain, undaunted]! For I have overcome the world. [I have deprived it of power to harm you and have conquered it for you].” This is amazing assurance that if we trust in Him, everything will work out the way it should in the end.

I know what it’s like to hurt so much you’re not sure you can stand it any longer. And there have been times when I didn’t understand how God could allow me to go through some of what I’ve been through. My father sexually abused me from the time I was about 3 until I left home at 18, and I remember asking God many times to rescue me from that situation. Then, years later, I was diagnosed with breast cancer and had to have surgery to get rid of it.

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I like to figure out how to fix problems, so it was difficult for me when I couldn't understand why God allowed me to go through those circumstances. But I can say now that God did a lot of good things in me through those hard times. And He can use me to help others because of it.

In order to receive healing and restoration from the devastating things I endured, I had to learn how to trust Him when I didn't understand and how to release my faith during trials.

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