

# Top Cardiologist Reveals Digestive Trick To Clean Your Bowels

What if you could restore your gut health with **one simple fix**?

According to one doctor in California there may be a way.

In fact, he believes it's so powerful that it could be like a **"power wash" for your insides.**

Dr. Gundry, who is a world-renowned heart surgeon, reveals the **root cause of weight gain, food cravings, and low energy** in a short video he released to the public.

P.S. This video also reveals how you can **transform your gut with this one simple thing.**

**Click here to watch the video now.**