

Tina Campbell: I Wanted to Die, Kill My Children and Kill My Husband

The Mary Mary star's volatile outbursts have been captured on camera many a time, but, now, so has her testimony.

Posted to the Yahoo! Music Instagram, Tina Campbell's story reveals the intricacies of pursuing the gospel and how spiritual warfare can derail any one.

"I've been so low that I wanted to die, kill my children, kill my husband and kill everybody and go out with a bang because life was that bad," Campbell says. "But that's exactly where I was in 2013, and God alone saved my life."

Earlier this year, the WEtv star shot up her husband's car after hearing reports he had cheated on her.

"My wife, in her pain, she wanted to hurt," her husband, Teddy, said.

The allegations reflected Teddy's previous infidelity, which Campbell began to journal about in 2013.

"After months of fighting depression and suicidal thoughts, Tina began writing a journal to herself in an effort to revive her relationship with God," according to her website.

Now, though, she's focused on God's healing power and His divine "Destiny" for her.