

This Unbeatable Truth Crushes the Soul-Draining Lies That Nag Your Soul

Worthlessness is a nagging old voice the enemy of your soul has taunted you with for many years. However, this enemy uses “worthless” to interpret events from your life. I remember being in my dorm room in Bible college, having gotten radically saved just a few weeks prior to admission. That “I’m not worthy” voice began to talk to me. The Lord spoke to me loud and clear and asked me one simple question that changed my life. “Who are you going to believe, them or Me?”

My abandonment, abuse and addiction were telling me I was worthless. His blood was telling me I was worthy. I wasn’t worthy because of what I did. I was worthy because of what He did.

He bled, died and rose from the dead for me. He saved me to live with Him forever. Free from that day forward, I believed I was worthy of His blood because He said so.

This belief in His blood is rock-solid in me. The blood doesn’t change in value based on my past, present, or future circumstances. His blood is my value and my worth, and it is unshakeable and unmovable. What do you think about this idea? Do you believe you are worth the blood of Christ?

Today you are a worthy man or woman of God. That’s true, regardless of your beliefs or behavior. You have a choice to define what you want to believe worthy is.

In the past, you may have had ideas about being the opposite of worthy. You could have had some concepts about people, including yourself that some people are worth less than others.

Becoming a person who sees yourself and others as worthy isn't easy. That's because believing and receiving that you are innately worthy is hard work. More important, it is consistent work. Remember, it took consistent behaviors to spiral you into believing you were worthless in the past. It only makes sense that consistent work is going to be a big part of your beliefs for receiving that you are innately worthy.

Think about the relationship you have had with feeling worthless and the voice it has been in your life. This relationship may have been decades in the making. You ran to your feelings of worthlessness throughout your life and found it was always there for you. Worthless would give you the answer to try harder or the excuse not to try at all. Worthless has been your long-term friend and a well-established relationship for you.

I know it may be challenging to believe that worthless has been giving you something. However, you have kept this relationship going for decades so there has to be something that worthless is providing for you. Maybe it's been keeping you from things. Maybe you've been blaming it for issues in your life. Maybe it's helped you to not confront people or to accept less in areas of your life. Maybe it's kept you unemployed or prevented you from contributing to society. Maybe it's given you excuses for not engaging in life fully with your gifts or abilities. Maybe it's kept you afraid and helped you receive pity, help, or support from others.

Worthless can take things from you that you don't see. They are things that worthless kept from happening. For instance, it could have kept you from starting a business, getting an education or waiting for sex. It kept you from saying no to abortions that would not have happened. It kept you from relationships you could have had, from a certain career, from a different relationship with your family or children than you have.

If the lies of worthlessness have snuck into your soul and started to grow, then it means that worthlessness has roots somewhere in your life. The *Worthy* workbook and DVD have been a labor of love to help you overcome worthlessness. I have seen countless people move from worthlessness to worthy, and it inspired me to write this. What you have here is a path that anyone can take. And that includes you. Follow this path, and you too will make the journey from feeling worthless to worthy, just as others have. As you move into your worthy position in Christ, you will inspire others to become free and feel worthy as well. This battle is not only worth fighting for yourself and for those you love, it's also worth winning! {eoa}

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