

This Is Why Your Wife Feels More Like Your Roommate

Is your marriage struggling to be what it can be? Many times our ability to communicate powerfully can hold us back from the intimacy that is possible.

If a married couple doesn't know how to communicate effectively, then over time, the relationship becomes more like that of roommates. True, honest and vulnerable communication can lead to amazing intimacy in the marriage. Here are a number of things we have learned in our marriage and the marriages we have helped over the years.

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Mark DeJesus has served as an experienced communicator since the 1990s. As a teacher, author, coach and radio host, Mark is deeply passionate about awakening hearts and equipping people towards transformational living. His message involves getting to the core hindrances that contribute to the breakdown of our relationships, our health and our day-to-day peace. He is well-versed on struggles that originate within our thoughts. Through his own personal transformation, Mark is experienced in helping people overcome and live fruitful lives. He is the author of five books and hundreds of teachings. He hosts a weekly radio podcast show called "Transformed You" and blogs at . His writings have been featured on sites like .

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