

# This Evil Spirit Seeks to Control Your Mind, Body and Soul

Are you living in fear? If so, why deal with it?

The Father never gave us the spirit of fear. Instead He gave us love, power and a sound mind (2 Tim. 1:7). Fear wants to take rule over our mind, body and soul. If it takes rule, we won't move forward in obedience to what God has created for us to do.

Fear is paralyzing, hindering and crippling. It is not our friend. Fear is an enemy. You could never be at peace with fear. There is no joy with fear. There can be no increase with fear. It comes to steal, kill and destroy (John 10:10). It's sent to us by the devil, to steal our dreams, smother our hopes and kill our faith in the Father.

Yahweh told the Israelites to fear not because He was with them and that same God is with us (Isa. 41:10). There is absolutely no need to fear man, a situation, circumstance or anything. If God be for us, who can be against us (Rom. 8:31)?

I encourage you to stand up against the spirit of fear, starting today. Tell the devil no in Yeshua's name. Weeping may endure for a night, but joy comes in the morning. Fight for your faith in God. Think on things that are pure and holy (Phil. 4:8). Let your mind be more like Christ (Phil. 2:5).

Allow the Father to heal your soul and make you whole. This is a new opportunity for you to be free. Live in your new freedom with joy. {eoa}

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