

This Bitter Lie Slowly Drains the Life Out of You

Lust has been around since the Garden of Eden. Lust is simply thinking and believing differently than God about a woman. Lust also wants you to believe it will always exist. Lust is like a parasite. It came to earth when Lucifer was kicked out of heaven and exists only if it has a human host. Lust is limited to time.

It's an opportunist. Another lie that lust leads you to believe is that you are to take advantage of every opportunity to lust. It likes to convince you to stroll through an area to look for women and images because you have an opportunity.

Lust tells you the lie that opportunity is for you. It tells you that you will feel better, wanted and powerful. In reality, you are being injected with a disease that will slowly kill and drain you of your energy, creativity, time, productivity and even your sexuality.

Lust wants you to participate in the lie of opportunity so it can continue to infect you. When lust tells you nobody's looking, it wants you to look at the opportunity. Most guys like legitimate opportunities, but these are not legitimate.

Your true opportunity is to slap lust into reality and refuse to objectify others. Instead, pray for him or her and just move on into your inheritance. The real opportunity for you today is to have another lust-free day paid for by the blood of Jesus.

Nobody can give you the bold-faced lie that lust feeds you except for the devil. "This is good," is another one of those lies. Lust tells you it's good to escape, kick up your feet and talk online with someone who's not your spouse.

Lust loves for you to believe that it is good for you. As long as you believe that lust is good for you, you won't fight its ever-growing expansion into your life. You won't expose your secret times with lust, nor will you challenge lust when it takes you to the next level of lustful thoughts and behaviors. After all, if a little is good, more is even better.

The truth about lust is, it hates you. Lust knows it is not good for you. Lust knows it is causing self-rejection and distance from your spouse, friends and children. Lust knows every drink you take of it sucks the life out of you. But lust leads you to believe it is medicine instead of poison.

God is good. Loving people without lusting; living a lust-free life; and being an awesome dad, incredible husband, a great man of God and a servant in the local church—this is all good. Lust is evil. The next time lust tries to sell you that it is good for you, you need to have your response ready to defeat the lie.

You were designed by the Holy Spirit to live lust-free forever. You will live eternally in heaven among all of God's perfection and never lust. You will see the Creator in women, and honor and respect them. You will walk and live free from even a memory of lust. Most of your existence will be lust-free. It's glorious to think that lust-free living is your inheritance and mine.

You can experience heaven's lifestyle today. Grasp the concept of eternally living lust-free. Today, practice your blood-bought right to be free. {eoa}

Doug Weiss, Ph.D., is a nationally known author, speaker and licensed psychologist. He is the executive director of Heart to Heart Counseling Center in Colorado Springs, Colorado, and the author of several books including, *Clean and Lust Free Living*. You may contact Dr. Weiss via his website, , by phone at 719-278-3708 or through email at heart2heart@.