

# The Three Things Men Want

Manhood is more than not being a girl. After four decades of helping men think more deeply about Christ and life, I find men basically want three main things ...

- **A Cause:** *Something we can give our lives to—a mission.* This is the need to be significant, to make a difference, that our lives will count, that it will matter we lived.
- **A Companion:** *Someone to share it with.* This is the need to love and be loved, to be part of a community, to find acceptance, to have healthy relationships. By nature men want a woman to love, protect, and provide for—we want someone to share our lives with.
- **A Conviction:** *A system, narrative, story, or worldview that offers a reasonable explanation for why 1 and 2 are so difficult.* Life is difficult and, for sanity's sake, we each need a plausible explanation of how the bits and pieces of life all fit together.

There's certainly a lot more to being a man, but you can use these three as starting points with those in your ministry to men's group.

Form your men into small groups and study *Man Alive* to help your men satisfy these primal, God-given desires.

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