

The Rules of Engagement for Overcoming Your Past

As part of her Rules for Engagement series, best-selling author Cindy Trimm teaches you how to overcome your past and break free of guilt, rejection, abuse and betrayal—ultimately, how not to allow things in your past to derail your future.

We all have things in our past that can inhibit the success of our future if we don't learn how to overcome their grip on us. In the powerful style her fans have come to expect, Trimm identifies the spirits that attack us through past experiences while providing specific Scriptures, prayers and declarations we can use to break their hold.

Her latest book is a manual that helps readers wage effective warfare against the enemy. Trimm seeks to help readers use the authority God has given them to take a stand against the evil powers that bind them from living in their full potential today. —*Jamie Will*