

The First Spirit-Led Step to Take in Calming Your Life-Storm

In Orlando, summer means more tourists, humid weather, tons of traffic and long lines for each attraction park.

It also means hurricanes, thunderstorms and high winds. Isn't life like that?

We enjoy attractions in life, but the storms come to disrupt our peace, the winds of uncertainty blow, and we're left wondering when calmness will reign again.

And it reigns again, but only when God's mercy first calms the storm that rage inside us. The winds of worry, fear and anxiety. The same emotions that rumbled inside the disciples.

"Then He entered the boat, and His disciples followed Him. Suddenly a great storm arose on the sea, so that the boat was covered with the waves. But He was asleep. His disciples went to Him and awoke Him, saying, 'Lord, save us! We are perishing'" (Matt. 8:23-25).

Did you read the important step they took? They first followed Jesus. Following Him was the first step and the first action plan.

To bring peace back, we must do that, too. To conquer the storms, we have to follow Him first. To calm our heart, we have to take steps toward Him first.

When we follow Him, storms may rage but Jesus will speak. Winds will cease. Waves will stop. Fear will vanish and the sunshine of hope will appear.

If your storm is in full force right now, I pray you invite

Jesus into your boat, into your problem and into your heart.
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