

The Firm Foundation You Must Choose to Walk in Holy Health

Desperation versus faith; they are both spiritual foundations. Which one will you choose? I have seen over and over again that desperate people do desperate things and create even more trouble for themselves. Desperation is never the right foundation to base decisions upon. It's also the wrong foundation for a miracle. It's not our desperate situation that propels us into the miraculous realm, but our faith.

Jesus says our faith heals and makes us whole, not our circumstances or condition. But so often, I see God's people standing upon the shaky foundation of desperation rather than the foundation of faith. And it doesn't work. When we're desperate, we're in a state of hopelessness, and this is the place where often very bad decisions, even irrational and harmful ones, are made.

According to Hebrews 11:1, "Now faith is the substance of things hoped for, the evidence of things not seen." Hope is the precursor to faith, so hopelessness is the opposite of faith and leads one to doubt and unbelief.

Faith is intertwined with the fruits of the Spirit. The fruits of the Spirit are listed in Galatians 5:22-23, "But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faith, meekness, and self-control; against such there is no law." There's no room in God's realm for desperation and hopelessness, and we should not allow room in our hearts for them either. The fruits of the Spirit strengthen and edify our faith to believe for God's miraculous promise.

Those who choose to be in a spirit of desperation can't activate these powerful fruits of the Spirit, such as joy.

Nehemiah 8:10b tells us, "Do not be grieved, for the joy of the Lord is your strength." Joy produces supernatural strength. When we bind ourselves to desperation we cannot enter into the realm of peace. Colossians 3:15 admonishes us to "Let the peace of God, to which also you are called in one body, rule in your hearts. And be thankful." We are to allow God's peace, and not desperation, to rule our hearts. What about forbearance or endurance? It is difficult to endure when we feel hopeless. This is why these fruits along with the others need to be chosen.

Life is filled with many choices, and we get to choose what will rule in our hearts. And along with these choices are blessings or consequences. Don't allow yourself to be in a state of hopelessness which leads to doubt and unbelief. But repent of these negative choices, change the foundation of desperation to that of faith and allow yourself to heal in spirit, soul and in your physical body too. {eoa}

Becky Dvorak *is a prophetic healing evangelist and the author of DARE to Believe, Greater Than Magic and The Healing Creed. Visit her at .*

This article originally appeared at .