

The D-Word That Can Put You at Greater Risk for a Heart Attack

Divorced women do worse than divorced men when it comes to heart health. Family therapist Linda Mintle explains why the sudden shift in lifestyle is often more stressful for women than men.

Surprisingly, the trend even extends into remarriage. When divorced men remarry, their heart health improves, but divorced women who remarry still are at high risk for heart attack.

Watch this video featuring *CBN News* Medical Reporter Lorie Johnson:

For the original article, visit CBN's Healthy Living blog.