

The 3 John 2 Key to Your Whole-Person Healing

The whole person is spirit, soul and body. The spirit is the eternal being that will either spend eternity in heaven or hell. And this is our decision alone to make. God does not desire or send anyone to hell. We send ourselves there if we reject Jesus Christ as our Savior. John 3:16 says, "For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish, but have eternal life." The first step to becoming whole is to surrender to Jesus.

The soul is the second part of our being, and it includes the mind and the emotions. Often, the physical body is sick because the soul needs healing. The ungodliness of today's society, the selfishness of others and even our own bad decisions cause great injury to this part of our being. God shares His desire for us in Jeremiah 30:17, "For I will restore health to you, and I will heal you of your wounds", says the Lord" (Jer. 30:17). Emotional wounds and physical sickness go hand in hand with one another. But by God's grace we can learn how to forgive, let go of the past, move forward and allow the soul to heal.

The third part of our being is the physical body. This is the part we see every day; it houses our spirit and soul. And God appoints it a time to be born and a time to die (see Eccl. 3:2). But even though the physical body is temporal, Jesus received severe whippings so it too can be healed and made whole (see Isa. 53:4-5.)

God cares about the whole person: spirit, soul and body, so much so that He records a prayer for its well-being in 3 John 2: "Beloved, I pray that all may go well with you and that you may be in good health, even as your soul is well." {eoas}

Becky Dvorak *is a prophetic healing evangelist and the author of DARE to Believe, Greater Than Magic and The Healing Creed. Visit her at .*

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