

Ted Broer: Aspirin Can Make You Go Blind

If you have been attending my seminars or reading my material for the past 33 years, you will know I warned you about aspirin more than 15 years ago. Aspirin is too good of a blood thinner and allows the blood vessels behind the eyes to bleed, detaching the retina. It's interesting, but for the past 33 years I have been one of the first, if not *the* first, to break stories.

Earlier this year with the Sandy Hook tragedy, I wrote a blog 48 hours later on serotonin re-uptake inhibitors (SSRIs), linking them to the shooting. I released my story on psychotropic drugs three days after the shooting. As far as I know, I was the first to do so. Now the alternative media is also covering the drug aspect of this horrific event.

Over the years I warned you about trans fats, margarine, soy, aspartame, Splenda, statin drugs, Ritalin, Adderall, class 2 prescription drug use on children, sodium nitrite, fluoride, chlorine, fetal alcohol syndrome, shellfish, immunizations, red dyes and blue dyes, BPA and more.

The only reason I am telling you this is that I give you my word my research is accurate, or I wouldn't release the information. Please forgive me if the above statement sounds a little bit like "I told you so."

The reality is, over the years on live radio and TV, I have gotten into some seriously heated debates from the uninformed arguing on the air live. In one case, a farm forecaster actually ran into the studio and grabbed a live microphone and started screaming. That incident happened while I was live in studio on WGN in Chicago back in the 1990s.

Sadly, because of a lack of acceptance of the truth and a lack

of knowledge, many folks have suffered, died, gone blind, had children with autism and other birth defects, had heart failure, had heart attacks, developed diabetes and even had unnecessary surgeries and amputations because of a continual stream of media lies and misinformation.

So below is a headline from a recent story in the *London Daily Telegraph*. Please share my blogs with everyone you know; that is how we grow.

One more thing: Thank you for your support of since 1981.

Aspirin Can Triple the Risk of Blindness-Causing Disease in Regular Users, Researchers Warn

Aspirin users who already consider the risks of ulcers due to continued regular usage should also factor in the increased risk of an illness that causes blindness, researchers now say.

Regular use of aspirin can almost triple the chance of developing a condition that is the leading cause of blindness, researchers have warned. Scientists concluded that people who take aspirin on a regular basis are much more likely to develop “wet” age-related macular degeneration (wet AMD) than those who do not. The disease, in which one’s central vision becomes progressively more blurred, affects a quarter of a million mainly elderly people in Britain.

Scientists in Australia said that they had found the strongest evidence yet that aspirin, taken by millions to ward off heart attacks, strokes and cancer, appeared to greatly increase the chance of developing wet AMD, which is irreversible. “Regular aspirin use was significantly associated with an increased incidence of neovascular AMD” The academics drew their conclusions after following almost 2,400 middle-aged and elderly people for 15 years.

Of the participants, who were all at least 49 years old at the start of the study, 257 were deemed “regular” users of

aspirin, who took it at least once a week. The rest took it only occasionally. After the 15-year study period, one in 27 of the “occasional” users (3.7 percent) had developed wet AMD. But almost one in 10 of the “regular” users (9.4 percent) had developed it. Writing in the Journal of the American Medical Association, the researchers concluded: “Regular aspirin use was significantly associated with an increased incidence of neovascular [wet] AMD.”

Sight charities said doctors should bear the findings in mind when advising patients on whether or not they should take aspirin as a preventive medicine, particularly those who already had wet AMD in one eye. Taken at a low daily dose to prevent heart attacks and strokes, aspirin is enjoying a resurgence in popularity due to recent studies strongly indicating it can fight cancer.

Oxford University researchers have found it reduces the incidence of some cancers by a third, while it also retards the growth of tumors. However, aspirin has long been known to have side effects, most prominently increasing the risk of intestinal bleeds, which can cause ulcers. The study, by a team at Sydney University, suggests people should also consider the possible effect on their sight.

Dr. Ted Broer, a university-trained biochemist, exercise physiologist and licensed nutritionist, nearly died of heart disease at the age of 27. He has spent nearly two decades studying the relationships between nutrition, exercise, disease and premature death.

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