

Storms Are Coming—Here's How to Stand Firm

I wish I could say that we Christians are immune to life's storms.

But we aren't.

We face trials just like everybody else.

You may ask then:

"What's the use of following Christ if I still must go through the same sufferings as the world?"

But we have two things going for us that the world doesn't have:

We have a gift in the present and promises for the future.

In the present, we have a source of strength, comfort and power to get us through times of suffering —day by day and even moment by moment if necessary.

Have you ever gone through times when it even hurt to breathe? And yet, God was with you and gave you that next breath.

He promises in Isaiah 61:3: "To preserve those who mourn in Zion, to give to them beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness, that they might be called trees of righteousness, the planting of the Lord, that He might be glorified."

In the future, we are promised a time in which there will be no more pain, no more suffering, no more sorrow.

In Revelation 21:4, we are promised: "God shall wipe away all tears from their eyes. There shall be no more death. Neither shall there be any more sorrow nor crying nor pain, for the

former things have passed away.”

In the parable Jesus told in Matthew 7:24-28, He said that storms reveal what type of foundation our lives are built on.

Jesus said that hearing His word and putting it into practice will help you stay fixed during life’s storms.

But only hearing the word and doing nothing with it will cause you to fall apart during life’s storms.

So storms are going to come. There is nothing you can do about that.

But you can do something to help yourself stay fixed during the storm—steadfast, immovable, receiving comfort and strength in the Lord.

Our hardest work on this earth is to guard our minds and heart with the truth from God’s word. Each day, commit to doing that good work and walking in the truth.

You can then have confidence that you will remain fixed in the midst of the storm. {eoa}

*Once 240 pounds and a size 22, **Kimberly Taylor** can testify to God’s healing power to end binge-eating. She is an author and the creator of the Christian weight-loss website . Visit today for inspirational health and weight-loss tips.*

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