

Stop & Listen

 By Bethany Dillon | Sparrow Records

She was only 14 when she released her first album. Yet today 21-year-old Bethany Dillon is already using her life experiences to sing about the goodness of God in her latest CD, *Stop & Listen*.

Married to Shane Barnard of the group Shane & Shane, Dillon reflects on God, His grace and her growth over the years.

“This record is probably the most confessional record I’ve ever made,” she says. “It’s probably just true the more life goes on, the more aware you are of your failures and struggles. And with that, in a believer’s life comes-odd as it is-a deeper joy.”

Woven throughout the project are themes that speak of God’s grace, intimacy, forgiveness, restoration, refuge and more. And behind every cut is a story rooted in Scripture or real-life experiences.

“Get Up and Walk” challenges listeners to embrace the hope offered to every believer through Christ. “The Way I Come to You” reflects Dillon’s relationship with Jesus and what marriage has taught her about God. The outcast woman written about in Mark 5 inspired the track “Reach Out.”

Though some of the songs share similar acoustic sounds, each carries a unique message. Dillon says of this project, “Most of the songs are about not-so-simple ideas of stopping, listening and waiting.”

[Click here to purchase *Stop & Listen*.](#)