

Spirit-Filled Life Coach: 3 Affirmations to Help You Crush Vain Imaginations

As a life coach and entrepreneur, Michael McIntyre's mission in life is to motivate and inspire. McIntyre himself has been inspired by the lives and ministry of Bill Johnson and Heidi Baker, and in turn, he wants to pass on the wisdom he has acquired from them to other believers.

Sharing practical advice and biblical principles, McIntyre is using his new podcast, *Next Level Podcast*, on the Charisma Podcast Network to spark leaders to move not only to a higher plane in their business, but also in God's kingdom and in their own homes.

"There is no reason to play small in His kingdom because He has blessed you to show up in a big way," McIntyre told Dr. Steve Greene on a recent episode of *Greenelines* on the Charisma Podcast Network. "God made you to be a world-changer, to make a difference.

"If you're married, you need to pray out loud with your spouse every day. Get on your hands and knees and hold hands and be the spiritual leader of your family. And ladies, get in there with your husband and pray out loud with your voice every day.

"It will change everything. Whatever your situation, whether it is financial or health, or maybe you're struggling in your marriage. Whatever it might be, take advantage of that. God wants you to. Jesus loves it.

"Also, write down three things, three positive affirmations or declarations. Make them short and to the point. Start saying them ad nauseam. Once you've mastered those three, do another three until you get up to 10. Have this in your life and keep

doing this and you'll drown out any negative thinking or doubt that might enter in."

For more of McIntyre's ministry, listen to the entire podcast.